

Getting an Injection

Social Story

Resource Developed by the Child Life Program
Yale New Haven Children's Hospital

I will be coming to
the doctor for an injection.



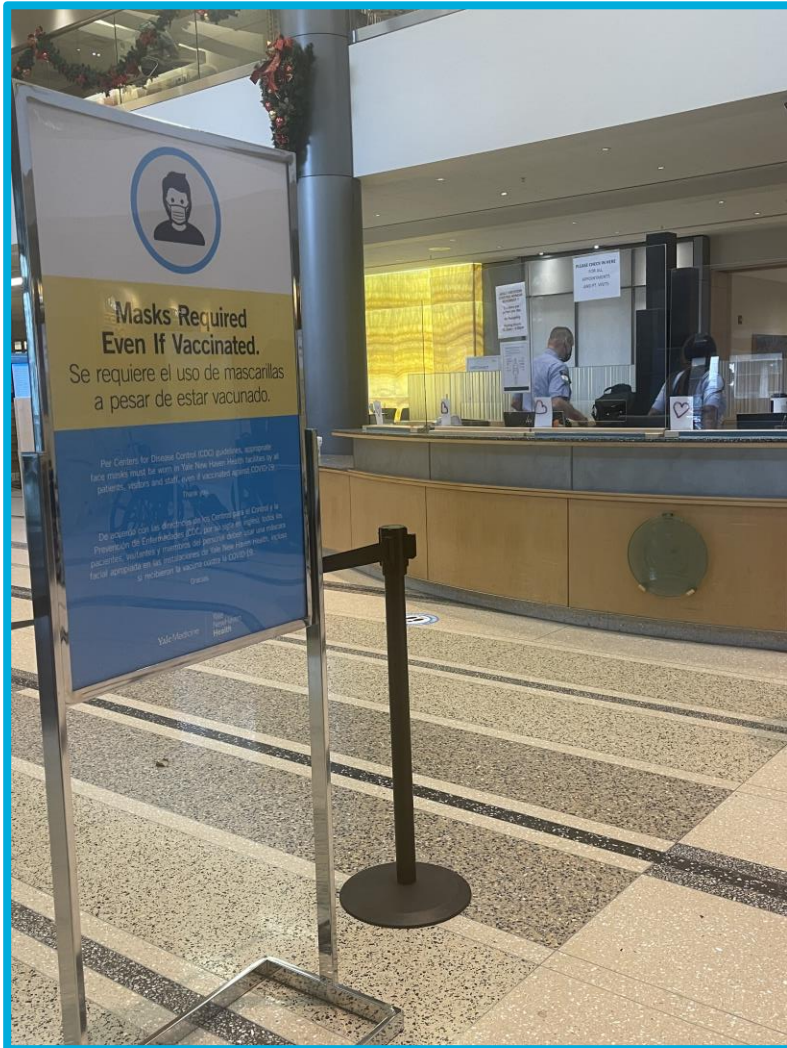
I will be coming to Yale New Haven Children's Hospital. I will come to the Smilow entrance.



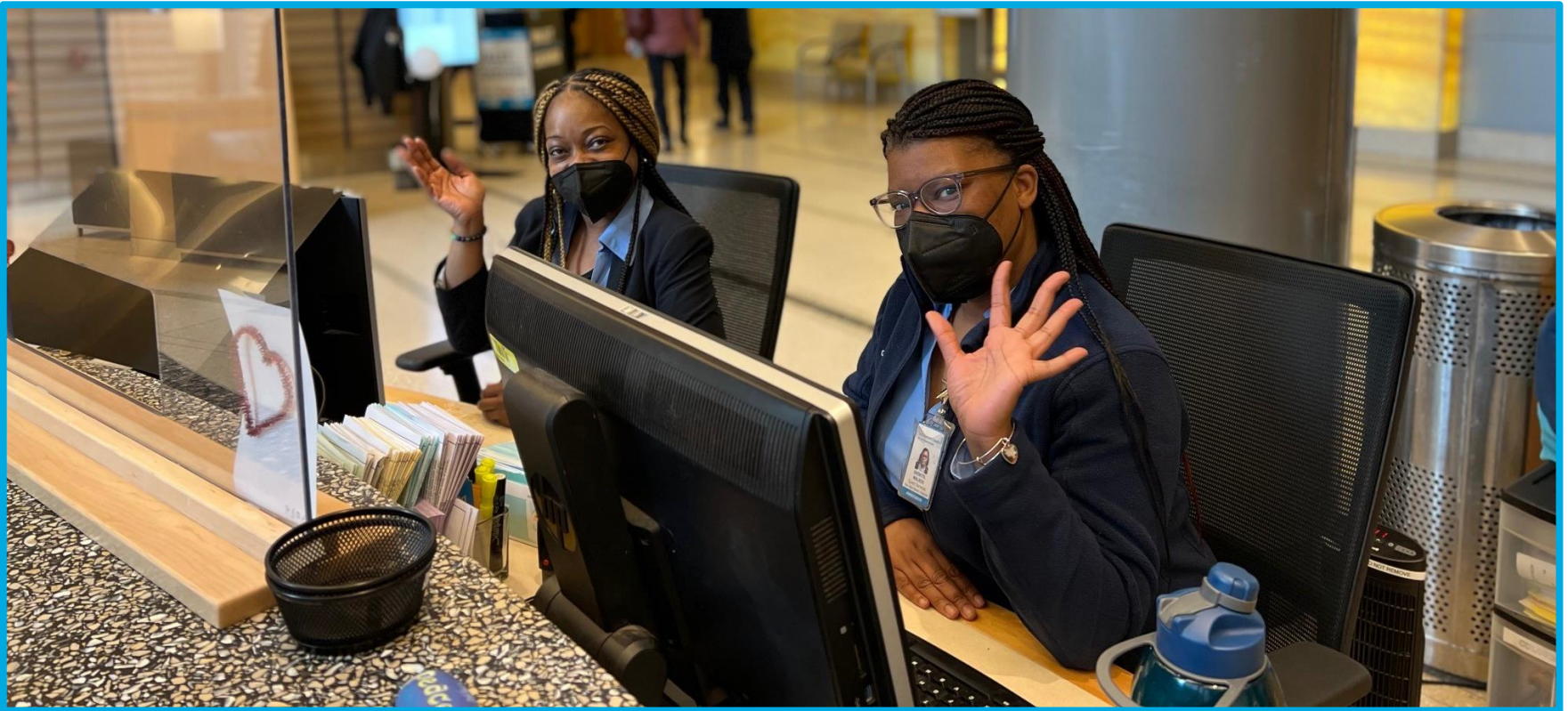
I will get out of the car at the valet.



This is what I will see when I come into the doors of the hospital.



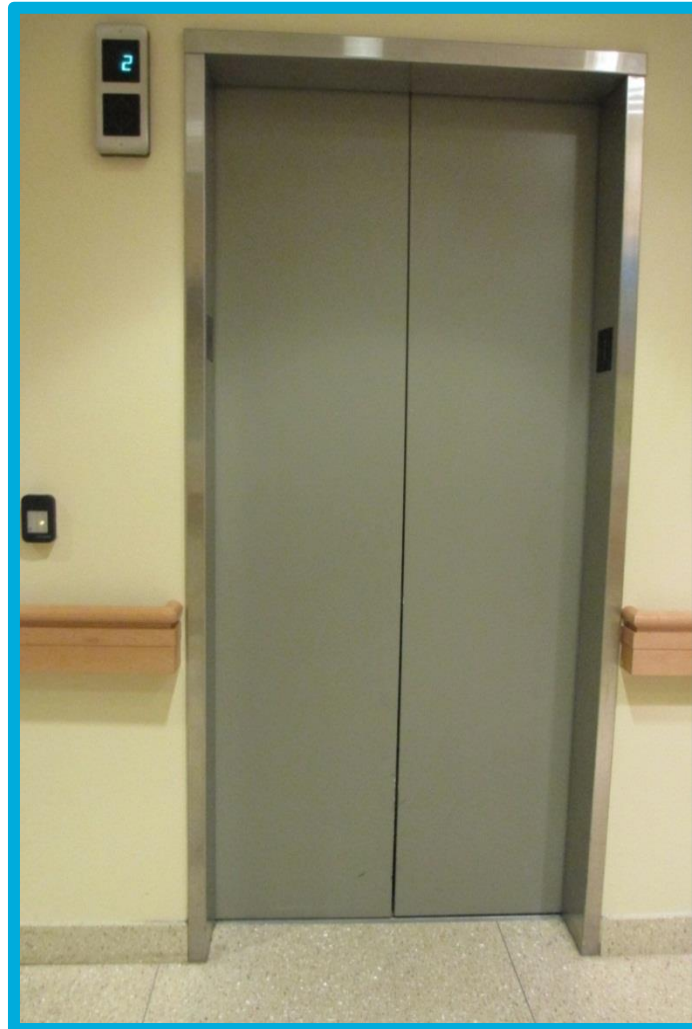
I will check in at the front desk.



I will walk to the elevator.



I will take the elevator to the 2nd floor.



I will check in at the desk.



I will get a bracelet
with my name and birthday on it.



I will go into the exam room when my name is called.



I will sit still in the chair.



I see the nurse's gloves.



I feel the cold, wet wipe to clean.



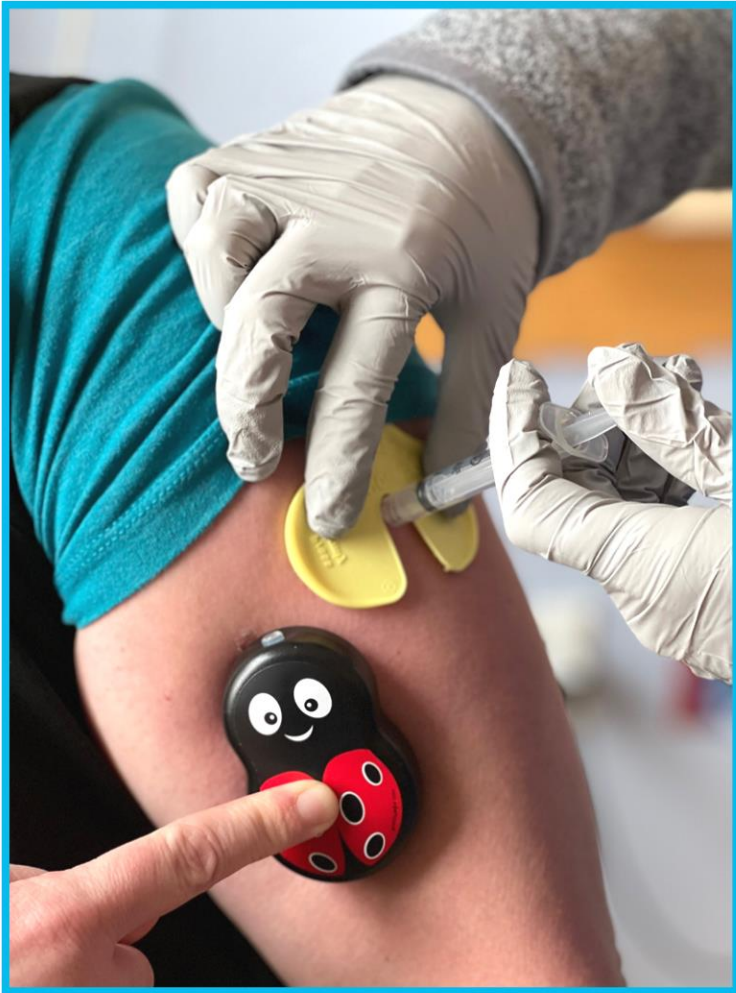
I can choose the shot blocker to help me feel the poke less.



I can choose the buzzy to help me feel the poke less.



I can choose both to help me feel the poke less.



I sit still and take deep breaths during the poke.



The poke comes out.



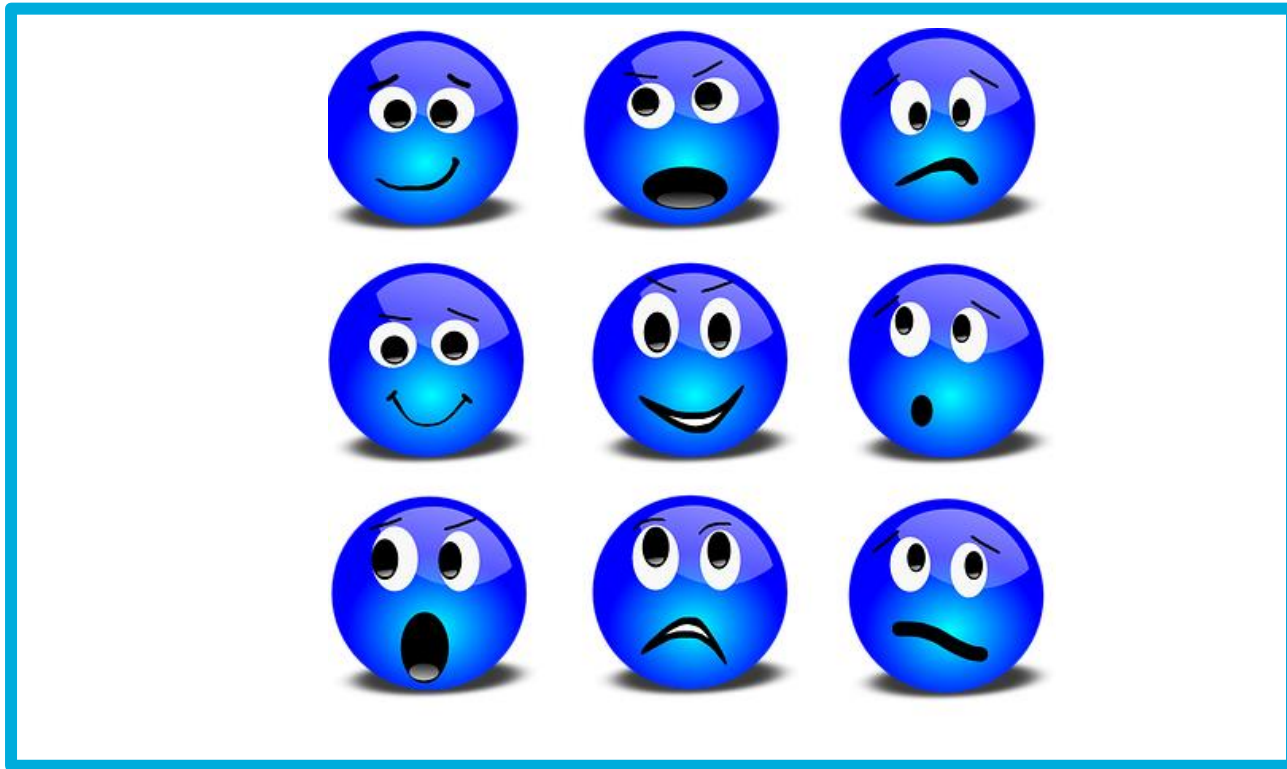
I get a band-aid.



I am all done and I did a great job!



I feel ...



... about my injection.

I can ask questions about my visit
to the child life specialist or another staff member.



**The questions I have
are ...**

These things may help me cope better at the hospital.

One person speaks



Buzzy



Freeze spray



EMLA



Counting



Lights off



Noise cancellation headphones



Comfort / Transitional item

I-Pad / Electronics / Music



Timer for transitions



Fidget toys



Weighted lap pad / Blanket



Chew toys



Rocking / Movement toys



Cause & Effect / Sound toys



For Parents: Directions to Smilow Cancer Hospital for your visit to Yale New Haven Children's Hospital

Address:

35 Park St. New Haven, CT 06510

Upon your arrival:

- Pull into the valet circle.
- You will be greeted by the valet who will issue you a valet ticket and assist you to the hospital.
- Your car will be parked in a secure lot.
- When you are ready to leave, you can return to the valet location, the valet will accept your ticket and calculate any applicable parking charges.
- Once inside the hospital, please check in at the Smilow Cancer Hospital front desk where you will be directed to your appointment.
- If you have questions or concerns regarding the check in process, please contact 203-688-2334 for assistance.