

Outpatient Surgery at York Street Campus Social Story

Resource Developed by the Child Life Program
Yale New Haven Children's Hospital

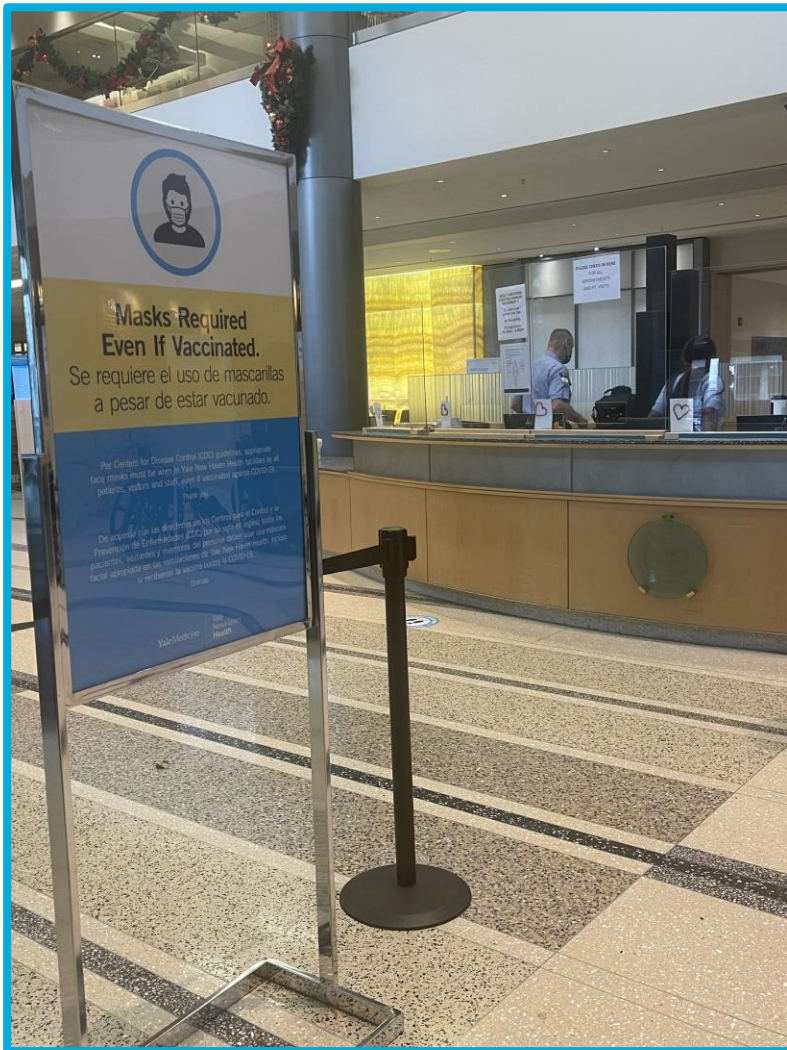
I will be coming to Yale New Haven Children's Hospital. I will come to the Smilow entrance.



I will get out of the car at the valet.



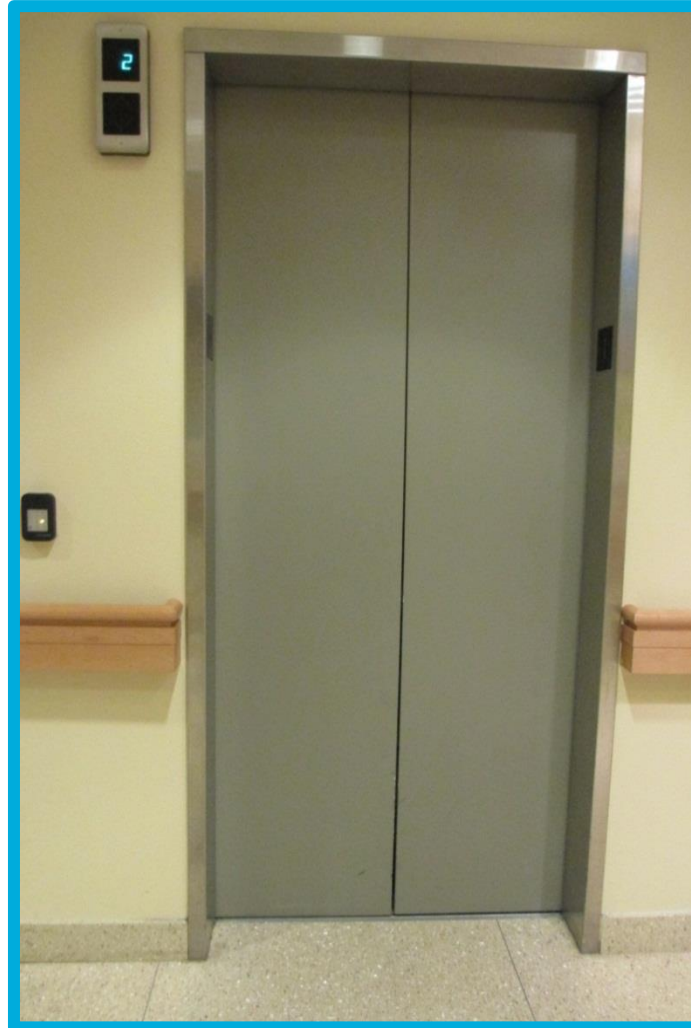
This is what I will see when I come into the doors of the hospital.



I will check in at the front desk.



I will take the elevator to the 3rd floor.



I will go to Children's Surgery Center to check in.



I will get a bracelet
with my name and birthday on it.



I will wait in the waiting room.



I will stand on a scale
to see how much I weigh.



I will feel a thermometer touch my forehead.



I will go to a room
to talk to the doctors and nurses.



I will meet a child life specialist.



A child life specialist helps me learn about what will happen during my visit.

I will change into hospital pajamas.



When it is my turn,
I will go down a hallway to the surgery room.



A family member may be able to come with me.
They will wear funny clothes.



In the surgery room, there are doctors and nurses.



In the surgery room, there are big lights.



In the surgery room,
there are lots of computers.



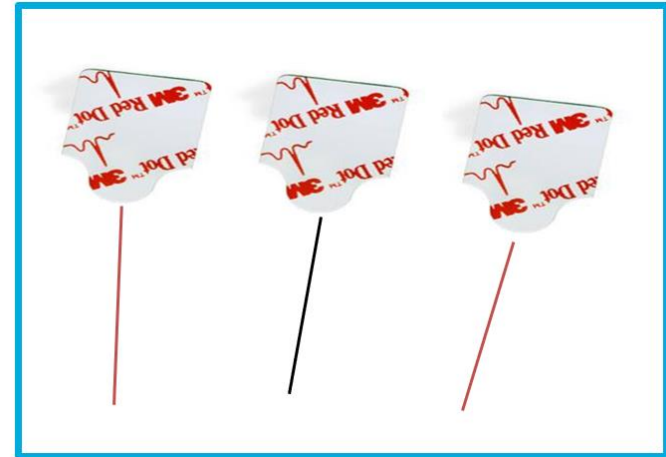
I will lay on a soft bed.



I will get a sticker on my finger.



I will get 3 stickers over my heart.



I will get a wrap on my arm that squeezes.



I will get sleepy medicine with a mask or...



I will get sleepy medicine
with a tiny straw called an IV.



The sleepy medicine will help me to not hear, see or feel anything during my surgery.



When my surgery is all done
I will wake up in the wake-up room.



My family will be in the wake-up room too.

I can have a popsicle, juice or slushee in the wake-up room.



I will pick a toy before I go home.



I will ride in a wheelchair to the elevators.
I will get back in my car and go home.

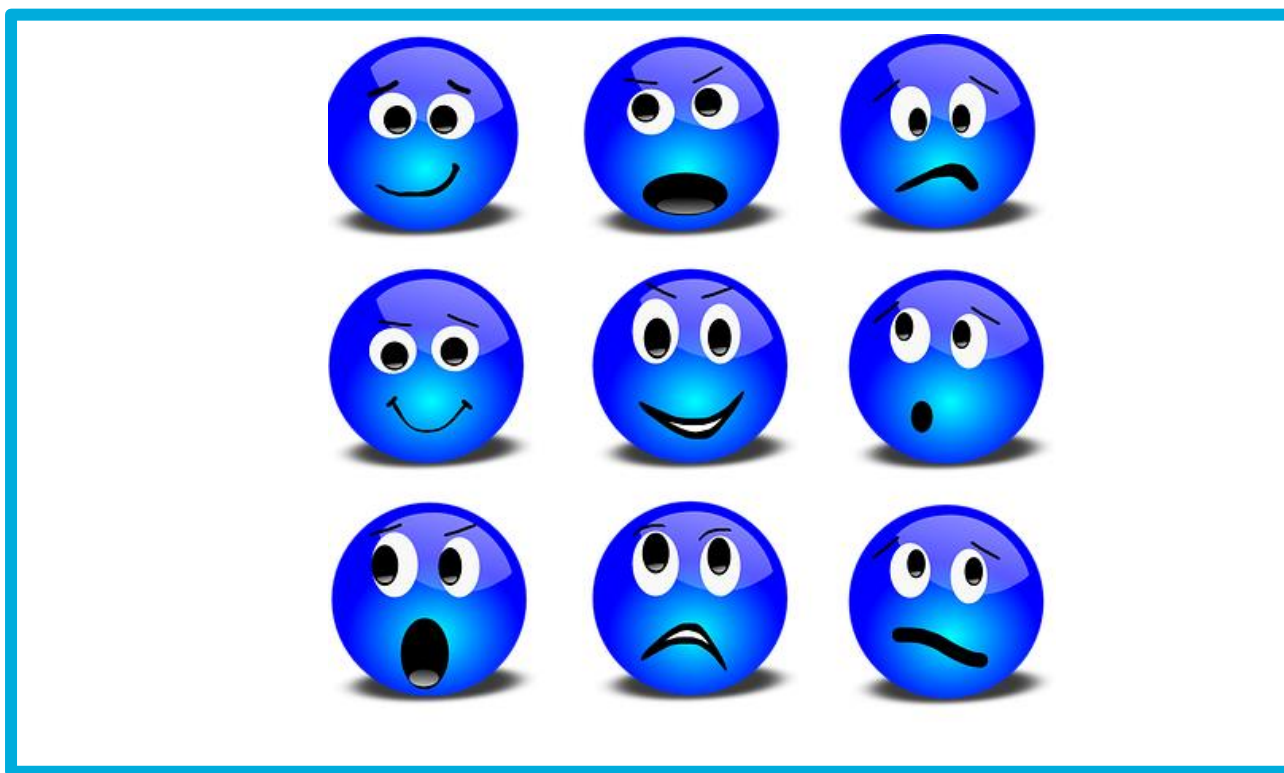


Yale
NewHaven
Health

I am all done and I did a great job!



I feel ...



... about my surgery.

I can ask questions about my visit
to the child life specialist or another staff member.



**The questions I have
are ...**

These things may help me cope better at the hospital.

One person speaks



Buzzy



Freeze spray



EMLA



Counting



Lights off



Noise cancellation headphones



Comfort / Transitional item

I-Pad / Electronics / Music



Timer for transitions



Fidget toys



Weighted lap pad / Blanket



Chew toys



Rocking / Movement toys



Cause & Effect / Sound toys



For Parents: Directions to Smilow Cancer Hospital for your visit to Yale New Haven Children's Hospital

Address:

35 Park St. New Haven, CT 06510

Upon your arrival:

- Pull into the valet circle.
- You will be greeted by the valet who will issue you a valet ticket and assist you to the hospital.
- Your car will be parked in a secure lot.
- When you are ready to leave, you can return to the valet location, the valet will accept your ticket and calculate any applicable parking charges.
- Once inside the hospital, please check in at the Smilow Cancer Hospital front desk where you will be directed to your appointment.
- If you have questions or concerns regarding the check in process, please contact 203-688-2334 for assistance.