

Getting Sleepy Medicine (Sedation) Social Story

Resource Developed by the Child Life Program
Yale New Haven Children's Hospital

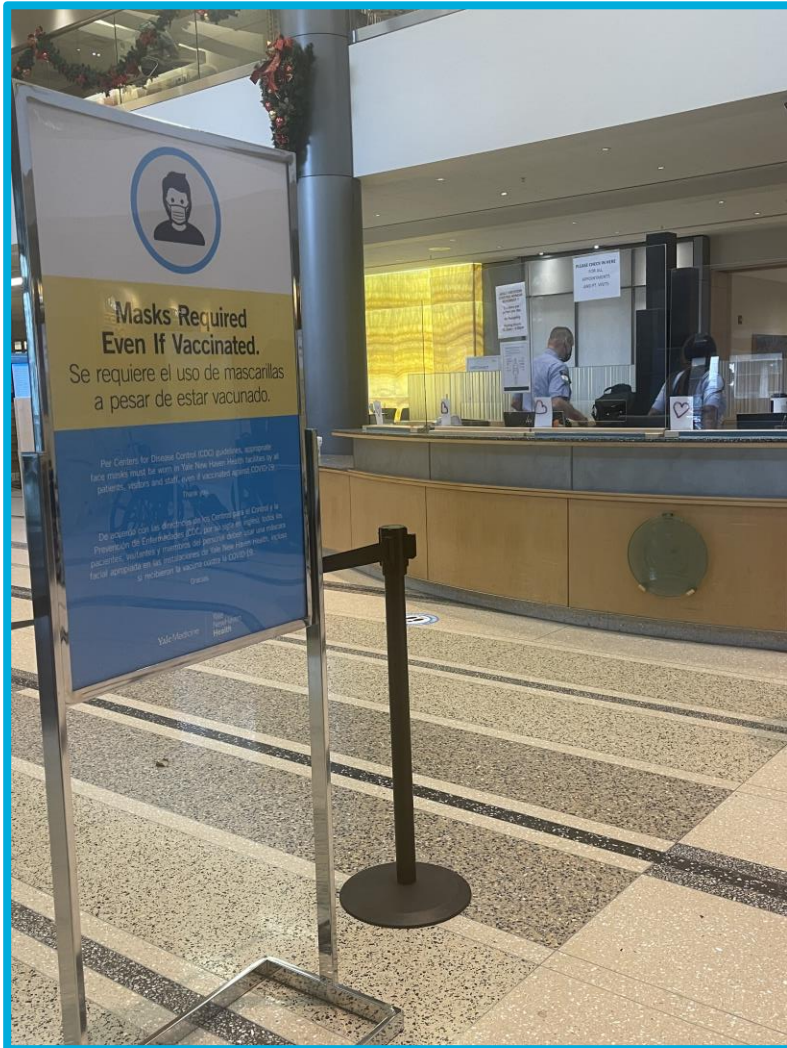
I will be coming to Yale New Haven Children's Hospital. I will come to the Smilow entrance.



I will get out of the car at the valet.



This is what I will see when I come into the doors of the hospital.



I will check in at the front desk.



I will get sleepy medicine to help me with part of my hospital visit.

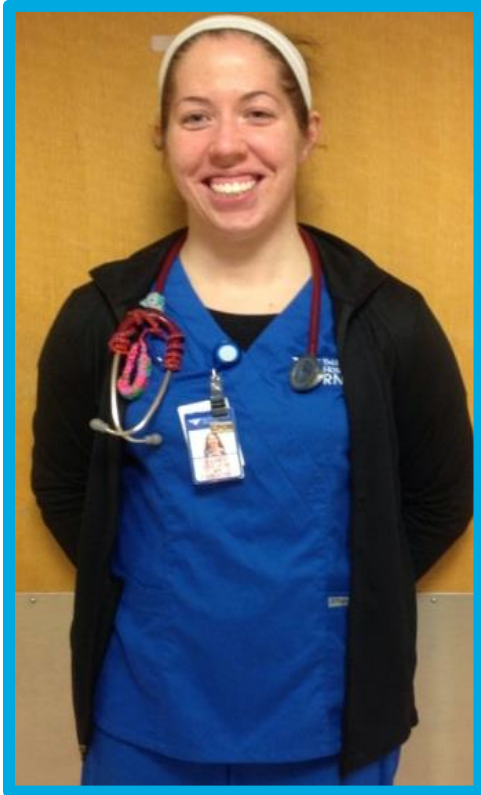


I will meet a child life specialist.



A child life specialist can help me learn about what will happen during my visit.

I will meet nurses from the sedation team.



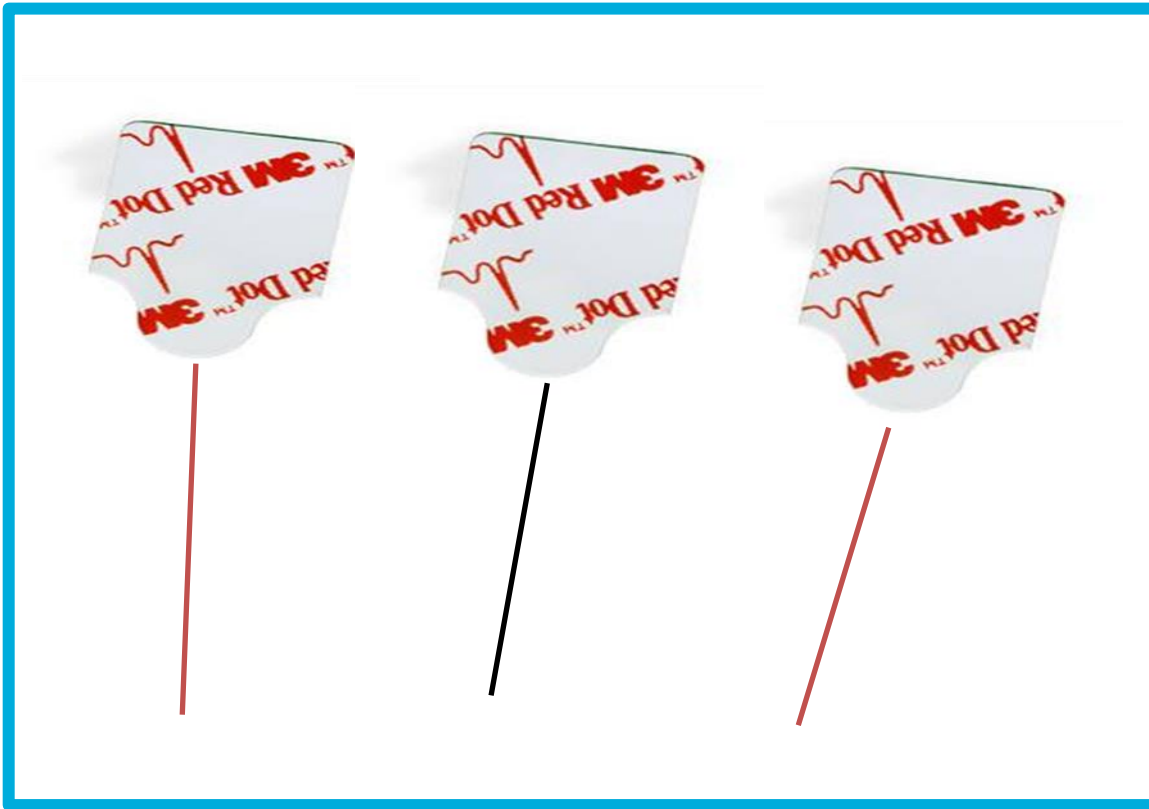
I will feel a wrap squeeze my arm tight for a short time.



I will get a sticker on my finger.



I will have 3 stickers on my body.



I can get medicine to help me feel a little silly and less worried.



**I can drink
medicine.**

OR



**I can have medicine
sprayed in my nose.**

I will get an IV straw for my sleepy medicine.



I will sit still for my IV straw.



I see the nurse's gloves.



I feel the tight noodle on my arm.



I feel soft touch on my skin with just fingers.



I feel the cold, wet wipe to clean.



I can choose the buzzy to help me feel the poke less.



I can choose cold spray to help me feel the poke less.



I can choose both the buzzy and the cold spray to feel the poke less.



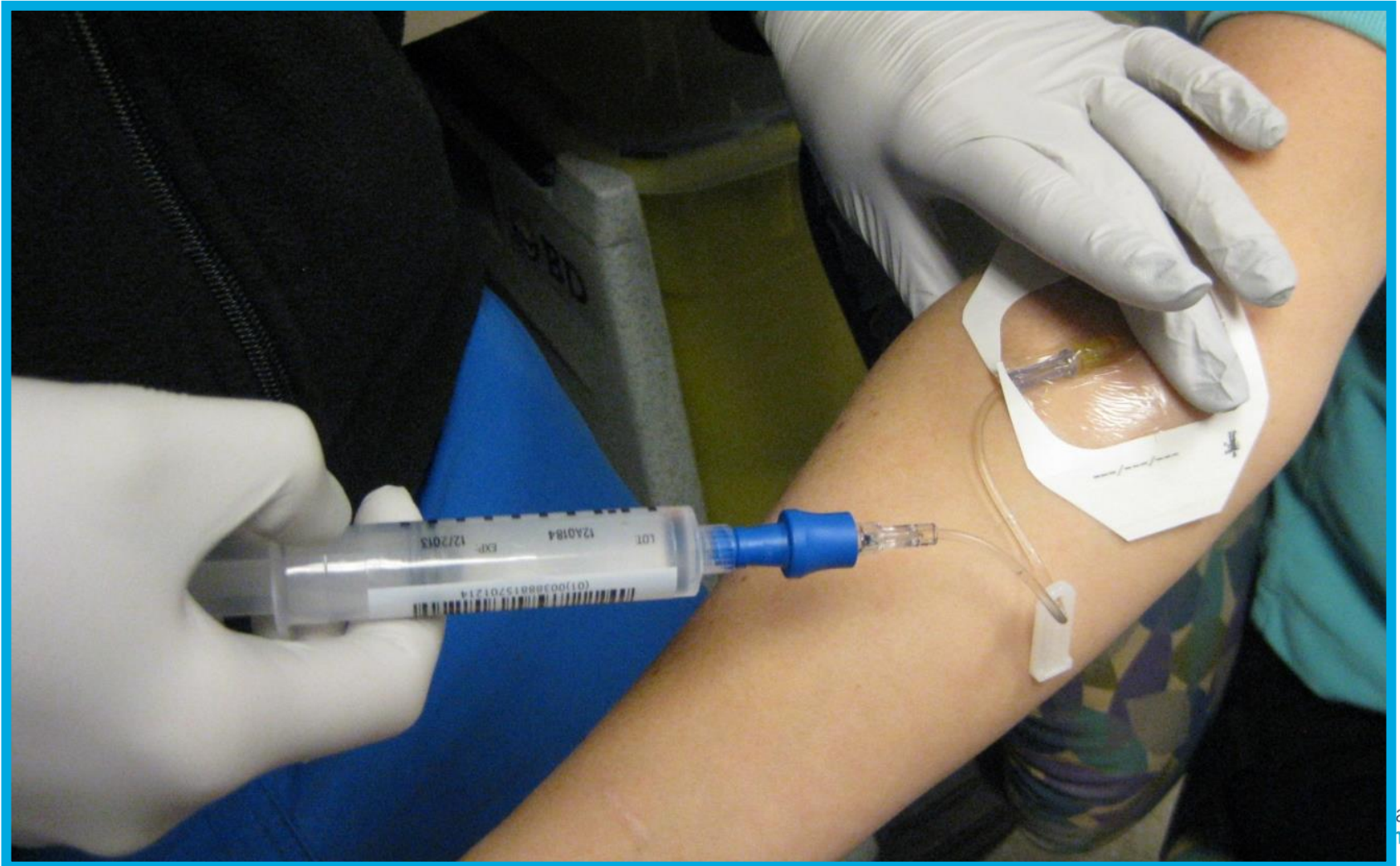
I will sit still and take deep breaths during the poke that helps my IV straw go in.



I see a clear, window sticker that covers my IV straw.



I sit still while the nurse puts water into my IV straw.



I will get sleepy medicine into my IV straw.



The sleepy medicine will help me to be relaxed and feel sleepy during my visit.



I will stop feeling sleepy when the doctor stops giving me the sleepy medicine.



When the straw is done helping my body, the nurse takes the IV straw out.



It does not hurt.

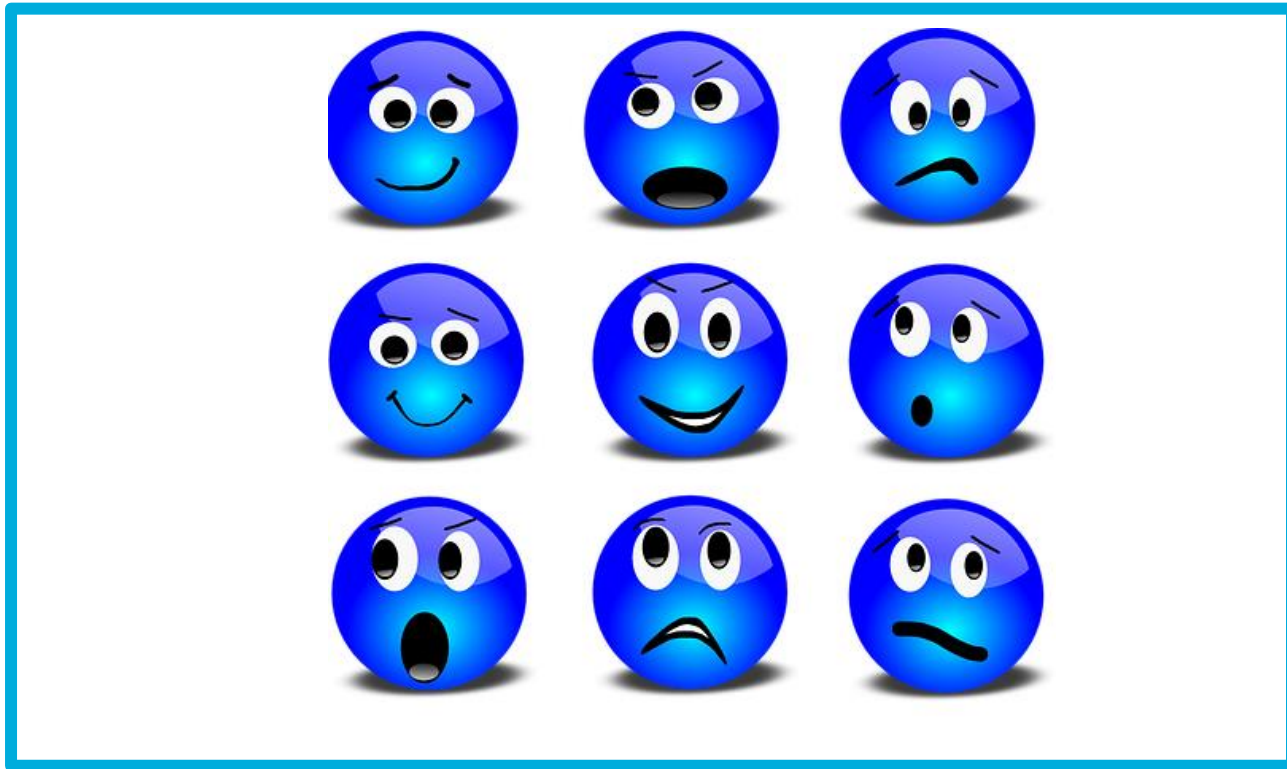
I get a band-aid.



I will do a great job!



I feel ...



... about getting sleepy medicine.

I can ask questions about my visit to the child life specialist or another staff member.



**The questions I have
are ...**

These things may help me cope better at the hospital.

One person speaks



Buzzy



Freeze spray



EMLA



Counting



Lights off



Noise cancellation headphones



Comfort / Transitional item

I-Pad / Electronics / Music



Timer for transitions



Fidget toys



Weighted lap pad / Blanket



Chew toys



Rocking / Movement toys



Cause & Effect / Sound toys



For Parents: Directions to Smilow Cancer Hospital for your visit to Yale New Haven Children's Hospital

Address:

35 Park St. New Haven, CT 06510

Upon your arrival:

- Pull into the valet circle.
- You will be greeted by the valet who will issue you a valet ticket and assist you to the hospital.
- Your car will be parked in a secure lot.
- When you are ready to leave, you can return to the valet location, the valet will accept your ticket and calculate any applicable parking charges.
- Once inside the hospital, please check in at the Smilow Cancer Hospital front desk where you will be directed to your appointment.
- If you have questions or concerns regarding the check in process, please contact 203-688-2334 for assistance.